

North Country One-Stop Career Centers

Convenient NO COST Job Search Services

Career Counseling

Our counselors will help you assess your needs, skills and interests. They will guide you through a step-by-step approach to your job search and your re-entry into the workforce.

Resume Development

Expert staff will help you to write and design a resume that gets results. Our SMART 2010 program will help match you to job openings. We will show you how to tailor your resume for firms that use resume scanning software and how to market your skills on the Internet.

Career Workshops

You can explore topics in a group setting, including:

- Job Search Strategies
- Networking
- Salary Negotiations
- Motivational Issues
- Transferring Skills
- Resume Preparation
- Managing Stress
- Finances and Budgeting
- Practice Interviewing
- Obtaining a Job and Keeping It
- Moving Up with Your Employer

Computers/Internet Access

Job seekers can use our personal computers, equipped with high-speed Internet connections. You'll learn how to tap the Internet to locate jobs around New York State and across the nation. We also have hardware and software for the visually impaired.

Computer Workshops

We offer workshops in Microsoft Office Applications, QuickBooks, Internet Applications and various graphics programs.

Adult Basic Education/English as a Second Language

We can refer you to free courses to obtain a high school equivalency diploma (GED) and/or to improve your English-language skills.

Phones, Faxes and Copiers

We have telephones that allow you to speak privately to prospective employers, both locally and throughout the United States. There are faxes and copiers for your use at no charge, as well as a TDD/TTY line.

Career Resource Library

Our library has books, videos, newspapers, special directories and other materials related to careers, as well as job search and labor market information.

Job Search Resources and Job Placement Assistance

Employers throughout New York State list diverse job openings with the Labor Department. Many employers use our centers to conduct on-site interviews. Placement Specialists can help you make a targeted job search.

Vocational Classroom Training (For Those Who Qualify)

We can provide short-term training for long-term careers. (Subject to funding availability and program regulations.)

Internet-Based Job/Talent Bank

You can use this site to post your resume and search local or national job openings from your home at any hour of the day or night. Go to: www.labor.ny.gov

North Country One-Stops

St. Lawrence One-Stop Career Center

80 State Highway 310, Suite 8
Canton, New York 13617-1498
315-386-3276
www.slconestop.com

Elizabethtown One Work Source Center

103 Hand Avenue, Suite 1, P.O. Box 607
Elizabethtown, New York 12932
518-873-2341
www.oneworksource.com

The WorkPlace

5274 Outer Stowe Street
Lowville, New York 13367
315-376-5800
www.jefflewisworkforce.com

Malone One Work Source Center

158 Finney Boulevard
Malone, New York 12953
518-481-5755
www.oneworksource.com

St. Lawrence One-Stop Career Center

35 Glenn Street
Massena, NY 13662
315-769-3596

St. Lawrence One-Stop Career Center

1020 Park Street
Ogdensburg, NY 13669
315-393-4600

OneWorkSource

194 US Oval, 2nd Floor
Plattsburgh, New York 12903
518-561-0430
www.oneworksource.com

The WorkPlace

1000 Coffeen Street
Watertown, New York 13601
315-782-9252
www.jefflewisworkforce.com